

Ethnic Cooking Demo Rubric

Assignment: You are the expert in your chosen culture. Educate the class and broaden our understanding of different culture and the way they eat. Help us to understand and expand our minds on Foods around the world.

- Pick a theme

10 pts

- Special event
- Typical dinner
- Special occasion

- Find 3 Recipes and submit copies (handwritten or typed)

30 pts

- Must submit 1 week prior to demo presentation
 - 1 Main Dish
 - 1 Side Dish
 - 1 Dessert
- ** May substitute for appetizer or beverage recipes upon teacher's approval**
- Ask yourself:
 - Do you understand what the recipe is asking you to do?
 - Seek help if you do not understand
 - Can you prepare this recipe?

- Create and submit Market Order

20 pts

- Along with copies of your recipe, create a list of ingredients you would need
 - Include quantity

- Research and submit history information

20 pts

- Research History information for each food category
 - How did it occur
 - Why did it occur
 - Why is it important or special
 - Any influences from other culture
 - Other interesting facts
- Submit history information

- Presentation

- Are you prepared? Did you start on time? 20 pts
- Gave Introduction/history info 20 pts
- Prepared and demo 3 food dishes 80 pts
 - Main
 - Side
 - Dessert
 - Cleaned-up all mess
- Group was organized, spoke loudly, clearly explained procedure step-by- step, and everyone spoke/participated 20 pts

Total Points: 220 points

Team Work is a MUST

HAND WASHING EXPERIMENT

Objectives: Student will find out how well sanitizer, baby wipes, and soap and water work on taking off things off the hands.

Equipment needed:	soap and water	baby wipes
vegetable oil	cinnamon	magnifying glasses
sanitizer	custard cups for each group	

Directions:

Get in a group with 6 people.

Place some oil on your hands and rub around

Place some cinnamon on your hands and rub around for 30 seconds

2 people will use a hand sanitizer to get the cinnamon off.

2 people will use a baby wipe to get the cinnamon off.

2 people will wash their hands with soap and water.

Everyone check each others hands using a magnifying glass. Check nails and around the nail.

Smell the hands.

Record your observations on how well it took off the cinnamon

	excellent	above average	good	poor
Soap and water				
Sanitizer				
Baby wipe				

Questions:

1. What does the cinnamon represent?
2. Why was oil used?
3. How did the soap and water, sanitizer, and baby wipe work?
4. Why did you smell your hands?
5. Why does friction help?
6. From this experiment, what can you conclude?
7. Write the correct way to wash your hands.